Early Childhood Mental Health and Wellbeing

We are committed to bringing Aboriginal and Torres Strait Islander perspectives and ways of doing to the materials, resources and experiences of being involved in the KidsMatter Early Childhood initiative.

KidsMatter Early Childhood aims to make the important mental health and wellbeing messages more accessible to everyone.

KidsMatter Ways include resources that begin an ongoing process of embracing Aboriginal and Torres Strait Islander ways of being, knowing and doing. The resources are KidsMatter Ways action charts and Yarning up KidsMatter Early Childhood.

These resources are for everyone in every context in Australia. They were developed in a respectful space where culture is acknowledged, considered and celebrated.

The resources cannot reflect every place so there are tools to encourage people to “make them ya own”.

KidsMatter ways comes from applying a mental health and wellbeing lens to work done in a range of areas.

8 Ways has strongly influenced the work of KidsMatter Ways. We encourage you to work on your own ways that focus on mental health and wellbeing in early childhood.

KidsMatter acknowledges the role that SNAICC has played as partners in the development of the resources. The generous input of community mentors, community members and early childhood staff across Australia has also shaped and reshaped this work and will continue to grow new understandings. In addition, NGROO provided input to what community mentoring initiatives can look like.

References

8 Ways Retrieved from http://8ways.wikispaces.com/


KidsMatter Early Childhood also acknowledges the materials and other works used by SNAICC to develop the Cultural Competence Continuum.

Australian Government, Wodonga Institute of TAFE, Mungabareena Aboriginal Corporation, and Mercy Health Service [Albury, NSW](2004,) ‘Providing culturally appropriate palliative care to indigenous Australians [electronic resource]: resource kit’. [prepared for the Australian Government Department of Health and Ageing by Mungabareena Aboriginal Corporation, Wodonga Institute of TAFE and Mercy Health Service Albury (Palliative Care)], Dept. of Health and Ageing, Canberra.


