Understand your role in supporting children who may be experiencing mental health difficulties.
Many ways of knowing, being and doing

- Respect family and community culture.
- Families can lead the team.
- Community members have expertise too.
- Strong Mental Health support takes groups of people.

Many ways of doing

- Trust others—other people, other services.
- Show respect for this family.
- Listen—really listen to what is happening for a child and their family.
- Listen, think and act—apply deep knowledge and strong values.

Learning map

- Draw the team—what works for the child, family and service?
- Reflect on each members role
- Map different types of support

Connecting to Community

- Work as a team with common goals.
- There may be a need for early childhood education services to make connections.
- Not all service providers are based in the local community—reach out.
- Find services that are culturally sensitive.