

## Children and play: Resources for families and staff

### Where can I go for further information?

**Raising Children Network**, funded under the **Australian Government's Stronger Families and Communities Strategy**, is a national website aimed at helping families care for their children. Articles on a range of issues relevant to children's development are available at [www.raisingchildren.net.au](http://www.raisingchildren.net.au).

Articles on a range of issues relevant to children and play are available on this website. Direct links are provided below:

- ▶ [www.raisingchildren.net.au/play\\_learning/toddlers\\_play\\_learning.html](http://www.raisingchildren.net.au/play_learning/toddlers_play_learning.html)
- ▶ [www.raisingchildren.net.au/articles/why\\_play\\_is\\_important.html](http://www.raisingchildren.net.au/articles/why_play_is_important.html)
- ▶ [www.raisingchildren.net.au/articles/rough\\_and\\_tumble\\_play.html](http://www.raisingchildren.net.au/articles/rough_and_tumble_play.html)
- ▶ [www.raisingchildren.net.au/play\\_learning/babies\\_play\\_learning.html](http://www.raisingchildren.net.au/play_learning/babies_play_learning.html)
- ▶ [www.raisingchildren.net.au/play\\_learning/preschoolers\\_play\\_learning.html](http://www.raisingchildren.net.au/play_learning/preschoolers_play_learning.html)

The **National Childcare Accreditation Council (NCAC)** is a non-profit organisation responsible for administering Child Care Quality Assurance (CCQA) for children's services in Australia. It aims to assist childcare professionals and families to understand the value of quality care; the NCAC website can be accessed at [www.ncac.gov.au](http://www.ncac.gov.au).

The **Australian Psychological Society** is the largest professional association for psychologists in Australia. It spreads the message that psychologists make a difference to people's lives, through improving their health and wellbeing and increasing scientific knowledge. Tip sheets on a range of topics related to children's mental health are available at [www.psychology.org.au](http://www.psychology.org.au) – See 'Tip Sheets' in the 'Publications and Products' tab (top right-hand side of the home page) for details.

The **Centre for Community Child Health** supports and empowers communities to improve children's health and wellbeing. It operates clinical services, research and programs. A range of resources and publications are available at [www.rch.org.au/ccch](http://www.rch.org.au/ccch) – See 'Childcare and Children's Health' in the 'Resources and Publications' tab on the toolbar on the left-hand side of the page.

**Early Childhood Australia** is the peak national, non-profit, non-government organisation that acts in the interests of young children. They provide a range of options and outcomes to support growth and development of young children. Articles on issues relevant to child development and mental health are available at [www.earlychildhoodaustralia.org.au](http://www.earlychildhoodaustralia.org.au).

**Kidscount**, developed by the Australian Childhood Foundation, is a website for parents and carers that provides useful information about supporting children's development. It is available in a range of languages at [www.kidscount.com.au](http://www.kidscount.com.au).



This resource and further information on the national KidsMatter Early Childhood initiative is available to download at [www.kidsmatter.edu.au](http://www.kidsmatter.edu.au). The KidsMatter Early Childhood team also welcomes your feedback which can be submitted through the website.



**Australian Government**  
Department of Health and Ageing



beyondblue



**Early Childhood Australia**  
A voice for young children



**APS** Australian Psychological Society

The KidsMatter Early Childhood information sheets are resources that have been developed in collaboration and with funding from the Australian Government Department of Health and Ageing. While every care has been taken in preparing this publication, the Commonwealth does not accept liability for any injury or loss or damage arising from the use of, or reliance upon, the content of this publication.