

### Where can I go for further information?

**MensLine Australia** supports and empowers men to actively participate in building and sustaining healthy personal relationships that support healthy families, workplaces and communities. Information and resources for men with family or parenting concerns is available at [www.mensline.org.au](http://www.mensline.org.au).

*Dads in the Early Years* is a practical resource produced by **Meerilinga**, a non-profit organisation promoting young children's health and wellbeing. Fact sheets on a range of issues relevant to fathering in early childhood are available at [www.meerilinga.org.au/children-parenting/dads-in-the-early-years/information-sheets](http://www.meerilinga.org.au/children-parenting/dads-in-the-early-years/information-sheets).

**Relationships Australia (RA)** is not-for-profit Australia-wide organisation that provides relationship support services for individuals, families and communities. RA offers services such as counselling, family dispute resolution and a range of family and community support and education programs. See [www.relationships.org.au/](http://www.relationships.org.au/) for more information. Articles relating to family relationships are accessible via the direct links below:

- ▶ *On Being a Dad* – [www.relationships.org.au/relationship-advice/publications/on-being-a-dad.pdf](http://www.relationships.org.au/relationship-advice/publications/on-being-a-dad.pdf).
- ▶ *Partners – A Guide to Successful Relationships* – [www.relationships.org.au/relationship-advice/publications/partners-a-guide-to-successful-relationships.pdf](http://www.relationships.org.au/relationship-advice/publications/partners-a-guide-to-successful-relationships.pdf).
- ▶ *What about the Children? – Parenting Information* – [www.relationships.org.au/relationship-advice/publications/what-about-the-children.pdf](http://www.relationships.org.au/relationship-advice/publications/what-about-the-children.pdf).
- ▶ *Parenting Plan “Share the Care” – Collaborative Parenting Apart* – [www.relationships.org.au/relationship-advice/publications/parenting\\_plan.pdf](http://www.relationships.org.au/relationship-advice/publications/parenting_plan.pdf).

**beyondblue** is a national, independent, not-for-profit organisation working to address issues associated with depression, anxiety and related substance-use disorders in Australia. Information about these topics is available at [www.beyondblue.org.au](http://www.beyondblue.org.au). Information about emotional health during pregnancy and the first 12 months of fatherhood is available for download at [www.beyondblue.org.au/index.aspx?link\\_id=7.980](http://www.beyondblue.org.au/index.aspx?link_id=7.980) under the 'Postnatal Depression' heading. Information on accessing health professionals is available at [www.beyondblue.org.au/index.aspx?link\\_id=107.1007](http://www.beyondblue.org.au/index.aspx?link_id=107.1007).

The **National Association for the Education of Young Children (NAEYC)** is USA based organisation. Its 80,000 members are teachers, administrators, parents, educators and policy makers. *Young Children* is a peer-reviewed professional journal published bimonthly by the NAEYC with useful and practical articles to assist families and staff care and educate young children. Articles on a range of issues relevant to children's development are available at [www.naeyc.org/yc](http://www.naeyc.org/yc). An article relating to involving fathers in early childhood services is available at:

- ▶ [www.naeyc.org/files/tyc/file/InvolvingFathers.pdf](http://www.naeyc.org/files/tyc/file/InvolvingFathers.pdf).



**Families NSW** is a Government strategy to enhance the health and wellbeing of children up to 8 years and their families. It does this by helping parents to build their skills and confidence in parenting, supporting parents and carers so they can respond to problems early, building communities that support children and families and improving the way agencies work together to make sure families get the services they need. Resources are available at [www.families.nsw.gov.au/resources/resources-index.htm](http://www.families.nsw.gov.au/resources/resources-index.htm).

Information on supporting dads is available at [www.families.nsw.gov.au/resources/dads.htm](http://www.families.nsw.gov.au/resources/dads.htm).

The **Raising Children Network**, funded under the Australian Government's Stronger Families and Communities Strategy, is a national website aimed at helping families care for their children. Articles on a range of issues relevant to children's development are available at [www.raisingchildren.net.au](http://www.raisingchildren.net.au).

Articles on a range of issues relevant to fathers connecting with their children are available on this website. Direct links are provided below:

- ▶ [www.raisingchildren.net.au/articles/becoming\\_a\\_dad.html](http://www.raisingchildren.net.au/articles/becoming_a_dad.html).
- ▶ [www.raisingchildren.net.au/fathers/fathers.html](http://www.raisingchildren.net.au/fathers/fathers.html).
- ▶ [www.raisingchildren.net.au/articles/men\\_and\\_postnatal\\_depression.html/context/305](http://www.raisingchildren.net.au/articles/men_and_postnatal_depression.html/context/305).



The **Centre for Community Child Health** supports and empowers communities to improve children's health and wellbeing. It operates clinical services, research and programs. A range of resources and publications are available at [www.rch.org.au/ccch](http://www.rch.org.au/ccch). For a fact sheet on 'Dads and childcare services', click on the following link [www.rch.org.au/emplibrary/econnections/CCH\\_P\\_May2006\\_English.pdf](http://www.rch.org.au/emplibrary/econnections/CCH_P_May2006_English.pdf).

**Kidscount**, developed by the Australian Childhood Foundation, is a website for parents and carers that provides useful information about supporting children's development. It is available in a range of languages at [www.kidscount.com.au](http://www.kidscount.com.au). Articles relating to building family relationships are available at:

- ▶ [www.kidscount.com.au/english/chapter23.asp](http://www.kidscount.com.au/english/chapter23.asp).
- ▶ [www.kidscount.com.au/english/chapter25.asp](http://www.kidscount.com.au/english/chapter25.asp).
- ▶ [www.kidscount.com.au/english/chapter30.asp](http://www.kidscount.com.au/english/chapter30.asp).

A useful handbook for services wishing to involve fathers and male carers for the benefit of infants and children, is '**Bringing Fathers In Handbook: How to engage with men for the benefit of everyone in the family**' by Richard Fletcher (2004), published by University of Newcastle, Australia. The handbook provides many ideas for planning as well as practical examples. The handbook is available at [www.earlychildhoodaustralia.org.au/shop/details.cfm?prodid=673](http://www.earlychildhoodaustralia.org.au/shop/details.cfm?prodid=673).



This resource and further information on the national KidsMatter Early Childhood initiative is available to download at [www.kidsmatter.edu.au](http://www.kidsmatter.edu.au). The KidsMatter Early Childhood team also welcomes your feedback which can be submitted through the website.



**Australian Government**  
**Department of Health and Ageing**



beyondblue



**Early Childhood Australia**  
A voice for young children

The KidsMatter Early Childhood information sheets are resources that have been developed in collaboration and with funding from the Australian Government Department of Health and Ageing. While every care has been taken in preparing this publication, the Commonwealth does not accept liability for any injury or loss or damage arising from the use of, or reliance upon, the content of this publication.