# Resolving conflict

## Other resources

The following resources have been compiled for parents, carers and school staff who may be seeking further information about helping children with peer conflict resolution. A range of resources have been included but the list is not exhaustive. Since materials have been selected to represent differing perspectives, inclusion of a particular item on the list should not be taken as endorsement by KidsMatter.

### General information


### Information specifically for parents and carers


- **Children, Youth and Women’s Health Service** provides information for parents and carers on a large variety of child health and development topics. Information on conflict resolution is available from: [www.cyh.com/HealthTopics/HealthTopicDetails.aspx?p=114&np=141&id=1749](http://www.cyh.com/HealthTopics/HealthTopicDetails.aspx?p=114&np=141&id=1749)

- **Back on Track: Finding a way through Separation and Re-partnering**. This website is provided by the Australian Government’s Child Support Agency and is aimed at providing guidance to couples who are going through various stages of separation. It has some valuable information on conflict resolution with children that is relevant to all families. [www.csa.gov.au/repartner/hand12.htm](http://www.csa.gov.au/repartner/hand12.htm)

### Books for parents and carers

- **Raising a thinking child workbook: Teaching young children how to resolve everyday conflicts and get along with others**. This workbook provides activities and games parents and carers can use with children to teach them constructive problem solving skills and conflict resolution skills. It is suitable for children aged 4 to 7. (Complements the I Can Problem Solve Program) By M. B. Shure. (1996). Illinois: Henry Holt & Company.

- **Siblings without rivalry: How to help your children live together so you can live too**. This book challenges the idea that constant, unpleasant conflict is natural and unavoidable. It uses anecdotes and stories to show many ways parents and carers can teach their children how to get along. By A. Faber, & E. Mazlish. (1998). New York: Harper Collins.
### Resources for use with children

**Wise ways to win.** This picture book uses Australian animals to depict basic conflict resolution skills such as considering alternatives and generating win-win solutions. A bright and visually appealing *Wise Ways to Win* poster is also available. *By K. Ireland, J. Phillips, & Psychologists for the Promotion of World Peace.* (1997), Melbourne: Hill of Content.

**Kids’ Health.** a website provided by the South Australian Children, Youth and Women’s Health Service, provides high quality information for kids on issues that have been identified by children as important. It is a great resource for parents and carers to use with their kids. Numerous activities are aimed at helping kids to learn effective conflict resolution skills, including:

### Resources for school staff

**The KidsMatter Programs Guide** provides information on school based social and emotional learning programs. Each program provides detailed teacher resources for use in the classroom. Many programs provide information for parents and carers as well.

**Before push comes to shove: Building conflict resolution skills with children.** This resource provides strategies to help children learn constructive responses to conflict, (e.g., exploring options, considering perspectives, avoiding escalation and coming to suitable solutions). Also available is an accompanying picture book, *Best day of the week.* *By N. Carlsson-Paige, & D. Levin.* (1998), MN: Redleaf Press.

**Managing conflict with confidence.** This resource provides teaching staff with lessons, activities and role plays that can be used to help students develop positive conflict resolution and communication skills. *By C. Heaton and M. Lynch.* (2003). Pearson Education.

**Conflict resolution activities that work.** This sourcebook provides numerous, easy to use classroom activities for teaching effective conflict resolution strategies to younger children *By K. H. Hollenbeck.* (2001). Scholastic.


**The University of Nebraska – Lincoln Extension** provides comprehensive information on pitfalls to avoid when mediating children’s conflict. Available from: [www.ianrpubs.unl.edu,epublic/pages/publicationD.jsp?publicationId=149](http://www.ianrpubs.unl.edu,epublic/pages/publicationD.jsp?publicationId=149)


**Psychologists for the Promotion of World Peace** provides a list of nominees and past winners of the Children’s Peace Literature Award. This award recognises the contribution of Australian authors who write children’s books on peaceful conflict resolution and is a valuable source of ideas for books parents, carers and teaching staff can use with children. Available from: [www.groups.psychology.org.au/Assets/Files/CPLA.pdf](http://www.groups.psychology.org.au/Assets/Files/CPLA.pdf)

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This resource is part of the KidsMatter Primary initiative. The team at KidsMatter welcomes your feedback at [www.kidsmatter.edu.au](http://www.kidsmatter.edu.au)