

# Children with ADHD

## Other resources

The following resources have been compiled for parents, carers and school staff who may be seeking further information about children and ADHD. A range of resources have been included but the list is not exhaustive. Since materials have been selected to represent differing perspectives, inclusion of a particular item on the list should not be taken as endorsement by KidsMatter.

<p><b>General information</b></p>	<p><b>HealthInsite</b> contains links to a wide range of up-to-date and quality assessed information on important health topics. For material on ADHD see: <a href="http://www.healthinsite.gov.au/topics/Attention_Deficit_Disorder_ADD_or_ADHD">www.healthinsite.gov.au/topics/Attention_Deficit_Disorder_ADD_or_ADHD</a></p> <p><b>NSW Health</b> provides detailed information on diagnosis and medical treatment for ADHD. See: <a href="http://www.health.nsw.gov.au/public-health/adhd/index.html">www.health.nsw.gov.au/public-health/adhd/index.html</a></p> <p><b>Dr Jim Chandler</b> This website has been developed by a Canadian-based psychiatrist and provides detailed information on ADHD in children and its management. See: <a href="http://jamesdauntchandler.tripod.com/ADHD/adhd_part_1.htm">http://jamesdauntchandler.tripod.com/ADHD/adhd_part_1.htm</a></p>
<p><b>Information specifically for parents and carers</b></p>	<p><b>Children, Youth and Women’s Health Service</b> provides information for parents and carers on a large variety of child health and development topics. For material on ADHD and links to additional resources see: <a href="http://www.cyh.com/HealthTopics/HealthTopicDetails.aspx?p=114&amp;np=122&amp;id=1644">www.cyh.com/HealthTopics/HealthTopicDetails.aspx?p=114&amp;np=122&amp;id=1644</a></p> <p><b>ABC Health and Wellbeing</b> website provides useful information about ADHD, diagnosis and treatment, as well as links to other useful sites. See: <a href="http://www.abc.net.au/health/library/stories/2003/04/24/1828304.htm">www.abc.net.au/health/library/stories/2003/04/24/1828304.htm</a></p>
<p><b>Books for parents and carers</b></p>	<p><b><i>Taking charge of ADHD: The complete, authoritative guide for parents (Revised Ed.)</i></b> discusses causes and effective treatment strategies for ADHD. It suggests ways to improve children’s behaviour and school performance and enhance their self-esteem. By R. A. Barkley. (2005) Guilford Press.</p> <p><b><i>ADHD: The facts</i></b> is a book that explains the major characteristics of ADHD, outlines the range of available treatments and discusses how ADHD impacts on self-esteem and social skills. By M. Selikowitz. (2004). Oxford University Press.</p> <p><b><i>ADHD: How to deal with very difficult children</i></b> was written by an ex-principal. This book shows how to help children with ADHD develop self-control. By A. Train. (2004). Souvenir Press.</p> <p><b><i>Rethinking ADHD: Integrated approaches to helping children at home and at school</i></b> provides a thorough and balanced approach to the contributing factors, diagnosis and treatment of ADHD. Practical recommendations are also included. By R. Schmidt Neven, V. Anderson &amp; T. Godber. (2002). Allen &amp; Unwin.</p>

## Information and resources for school staff

**Attention difficulties, poor impulse control, overactivity or ADHD (attention deficit/hyperactivity disorder)** is a planning and support guide developed by the SA Department of Education and Children's Services that is available from: [www.decs.sa.gov.au/speced2/files/pages/chess/hsp/Pathways/ADHD\\_July\\_99.pdf](http://www.decs.sa.gov.au/speced2/files/pages/chess/hsp/Pathways/ADHD_July_99.pdf)

**ADD ADHD in School** is a US-based website providing detailed information and advice for teachers. See: [www.addinschool.com/elementary.htm](http://www.addinschool.com/elementary.htm)

**SchoolBehaviour.com** This US-based website provides information and detailed strategies for teachers of children with ADHD as well as some other mental health disorders and learning difficulties. See: [www.schoolbehavior.com/conditions\\_adhd.htm](http://www.schoolbehavior.com/conditions_adhd.htm)

## Research articles

**Daley, D.** (2006). Attention deficit hyperactivity disorder: A review of the essential facts. *Child: Care Health & Development*, 32, 2, 193-204.

Overviews ADHD causes, developmental changes, and intervention options.

**Kos, J. M., Richdale, A. L. & Hay, D. A.** (2006). Children with attention deficit hyperactivity disorder and their teachers: A review of the literature. *International Journal of Disability, Development and Education*, 53, 2, 147-160.

Looks at what teachers know about ADHD and how they respond to children with ADHD.

**Prosser, B.** (November, 2006). *Beyond deficit views: Engaging students with ADHD*. Paper presented at the Australian Association for Research in Education Conference, 2006. Available online at: [www.aare.edu.au/06pap/pro06163.pdf](http://www.aare.edu.au/06pap/pro06163.pdf)

Considers problems associated with schools labelling children with ADHD and shows how teaching methods that engage rather than label children are most effective.

**Purdie, N., Hattie, J., & Carroll, A.** (2002). A review of research on interventions for attention deficit hyperactivity disorder: What works best? *Review of Educational Research*, 72, 1, 61-100.

This article provides an overview of current knowledge about ADHD that analyses information about the effects of various treatments on both behaviour and school achievement.

## Australian support groups for children with ADHD and their families

**National:** ADHD Australia Incorporated: [www.adhd.org.au/](http://www.adhd.org.au/)

**ACT:** Canberra & Queanbeyan ADD Support Group: <http://addact.org.au/>

**QLD:** ADDAQ (Attention Deficit Disorder Association Queensland): [www.addaq.org.au/](http://www.addaq.org.au/)

**SA:** Attention Disorders Association of South Australia: [www.communitywebs.org/AttentionDisordersSA/](http://www.communitywebs.org/AttentionDisordersSA/)

**VIC:** Attention Deficit Hyperactivity Disorder Association of Victoria: <http://home.vicnet.net.au/~addvic/>

**WA:** LADS (Learning and Attention Disorders Society): [www.ladswa.com.au/](http://www.ladswa.com.au/)

This resource is part of the KidsMatter Primary initiative. The team at KidsMatter welcomes your feedback at [www.kidsmatter.edu.au](http://www.kidsmatter.edu.au)