

## Further resources



### Developing children's social and emotional skills

The following resources provide further information about developing children's social and emotional skills. Information on specific topics relating to children's developing social and emotional skills will be made available during the pilot in other KidsMatter Early Childhood resource booklets.

### General information

Raising Children Network, funded under the Australian Government's Stronger Families and Communities Strategy, is a national website aimed at helping families care for their children. Articles on a range of issues relevant to children's development are available at <http://raisingchildren.net.au>

Kidscount, developed by the Australian Childhood Foundation, is a website for parents and carers that provides useful information about children's development. Available in a range of languages at [www.kidscount.com.au](http://www.kidscount.com.au)

Child and Youth Health is a South Australian government website providing news and practical advice for parents and carers on a range of parenting and child health topics. Available at [www.cyh.com](http://www.cyh.com)

Early Childhood Australia's Everyday Learning Series are booklets that offer everyday ways to support children's growth and development for parents and carers. Available from [www.earlychildhoodaustralia.org.au/everyday\\_learning\\_series/about\\_everyday\\_learning.html](http://www.earlychildhoodaustralia.org.au/everyday_learning_series/about_everyday_learning.html)

Parentline is a confidential telephone information, counselling, and referral service for parents and carers who have children up to 18 years of age. There is a different phone number for each state and territory. Check the KidsMatter Early Childhood website for more information on telephone hotlines: [www.kidsmatter.edu.au/ec/getting-help](http://www.kidsmatter.edu.au/ec/getting-help)

### Getting help

If you are concerned about the mental health of your child it is best to seek advice from a mental health professional with expertise in working with children. The 'Getting Help' section on the KidsMatter Early Childhood website provides a list of options including telephone hotlines and how to find mental health professionals in your local area. Available at:

[www.kidsmatter.edu.au/ec/getting-help](http://www.kidsmatter.edu.au/ec/getting-help)

This resource and further information on the national KidsMatter Early Childhood initiative is available to download at [www.kidsmatter.edu.au](http://www.kidsmatter.edu.au). KidsMatter Early Childhood welcomes your feedback which can be submitted through the website.



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